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INVOICE

May 08, 2017

Order: 17051PP0 Invoice# 5938

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Docketing Division	
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Proof of Publication

I, Walter Dozier, do hereby attest that the PUCO Legal Notices did appear in the following newspaper as ordered:

Zanesville Times Recorder

5/6/17

Walter Dozier
Walter Dozier

5/9/17
Date

State of Ohio
County of Franklin

On this day, the 9th day of May, 2017 before me, Patricia A. Conkle, the undersigned Notary Public, personally appeared Walter Dozier, proved to me on the basis of satisfactory evidence to be the person whose name was subscribed to the within instrument and acknowledged that he executed it.

Witness my hand and official seal.

Patricia A. Conkle
Notary Public



Patricia A. Conkle
Notary Public, State of Ohio
My Commission Expires 06-17-19

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hospital. A Harvard study published in the New England Journal of Medicine in February 1997 found that the use of morphine in the emergency room, one will use the pills for at least six months over the next year. And the longer the pain lasts, the greater the risk for becoming dependent.

Anders' excruciating injury eventually did require a low opioid dose when the nerve was cut back, Anders said, for less than 48 hours.

"Provide them with good pain relief initially, for the first 24 to 48 hours after surgery, the pain that comes back after that time is more difficult to control," said Samet, an assistant anesthesiology professor at the University of Maryland School of Medicine.

But Anders says the key to avoiding an added benefit of cutting back or even eliminating opioids. At the University of Pittsburgh Medical Center, a group of doctors called "enhanced recovery" have been able to get some patients home two to four days faster following major abdominal operations, using non-opioid painkillers that are generally considered less addictive.

"Our patients are very afraid of pain, especially the patients with a history of opioid addiction," said Dr. Jennifer Hollender, who helped start the program. "When they come back to us and tell us they didn't even fill their opioid prescription, it's a remarkable experience."

In trauma centers and surgery suites, there are no opioid size-fill replacements for prescription opioids — narcotic alternatives that are less addictive and less painful. They include tramadol and Dilaudid to pills including Percocet, Vicodin and OxyContin. They so rapidly dull severe pain that patients are often unaware of it, not uncommon for patients to have an opioid dripping through an IV before they wake from surgery, whether they're really



University of Maryland Shock Trauma Center nurse Amanda Fritch checks the catheter delivery a day that kept Stuart Anders' injured leg numb for three days, without the use of opioids.



Anesthesiologist Dr. Jennifer Hollender at the University of Maryland Medical Center found that dropping the number of opioids prescribed for certain types of pain reduces the need for more addictive painkillers after surgery.

It's known by the wacky name "multimodal analgesia."

Consider colorectal surgery, says pain relief specialist. In the operating room, and switch to a patient-activated morphine pump right afterward. The University of Pittsburgh researchers found that opioid-free animals. Instead, doctors choose from a wide mix of options including IV acetaminophen and prescription-strength non-steroidal anti-inflammatory drugs (NSAIDs) such as celecoxib. They also use anti-sedative medications such as gabapentin that calm nerve pain, muscle-relaxing drugs, and others. "It's about the opioid side of things," Anders said. "It's about nausea, vomiting and constipation, patients may find it easier to start eating solid food and walking around hours after surgery for those who go home. It's about the side effects, like headache, even thousands of dollars. It's not just changing a medication or two. It's a whole culture change," she said.

At Stanford University pain psychologist Beth Barnali says it's not just about using different medications for repeated instances of a non-addictive painkiller.

"It's like a godsend. If you can have something like this, why would you want to take anything else?" Anders said a day after Anders' surgery. "I can wiggle my toes, I can move my foot, there's feeling right above the tube, but in that moment, I can't feel anything."

What Samet calls a lingering weak link. Even if patients go home with only a small supply of an opioid for lingering post-surgical pain, he says, it can be a fall from another doctor who assumes that prescription must be OK if a hospital chose it.

No Anders. Sent home with a small supply of an opioid, he said the last 20 pills. "I didn't want them," he said, "and I didn't want anybody else getting their hands on them."

Nurse

Continued from Page 1A

like an emotional toll, she said. "When a patient says thank you, or when they had to call for one," she said, "that stands out to me. Williams said, 'These are the moments you really did help them. You helped them get better.' Williams thought back to her early years as a nurse, she re-

lected on how much things have changed. It's the 70s the body of knowledge, technology and medication has increased so much," Williams said. "I didn't have any ER doctors. When we had a resuscitation, we had to call for one."

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Williams doesn't plan on retiring anytime soon. She's been working in her field for 40 years, but she's made it much more rewarding.

"My organization has trusted me to mentor new nurses, and I tell them that the best person they can be have integrity and to be caring. If you do the best you can and live all these values, you'll be successful."

Being a nurse for more than four decades has been a rewarding experience for Williams, but she's made it much more rewarding.

"It's a community of people who care about their patients, and I've taken care of. That is gratifying."

Williams@stanford.edu
Twitter: @shelksproduces

LEGAL NOTICE

The Public Utilities Commission of Ohio No. 17-915-RR-RCP regarding a request for exemptions for school buses and motor vehicles carrying certain hazardous materials from stopping at the State Route 47/100/101 South Grade crossing (OO74615009X) in Washington County.

The purpose of the hearing will be to take public comment regarding the exemption request. The hearing will be held on May 15, 2017 at 1:00 PM in the Boardroom of the Avondale Youth Center, 4115 Roseville Road, Zanesville, Ohio 43701. For additional information regarding this matter, contact the Commission's Hotline at 1-800-486-7826. The hearing transcript can reach the Commission by dialing 7-1-1 (Ohio Relay Service).

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of law enforcement that she had been at a party celebrating the anniversary of the Washington County Prosecutor's Office. She admitted to drinking alcohol and smoking marijuana at the party. After the event home, Underwood said a juvenile male co-defendant chased if she wanted to hang out, she consented to having sex with one of the co-defendants, according to court documents.

Underwood started to have sex with her, she said. She consented to having sex with her, she said. She consented to having sex with her, she said. She consented to having sex with her, she said.

Underwood

Continued from Page 1A

Please recycle this newspaper.

Underwood had deleted a recording from his phone after he knew the allegations made against her were true. She said she deleted the recording about the same time she deleted the recording.

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